

Community

Rules & Guidelines



Spirit Vine

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Spirit Vine is a sacred healing space rooted in respect, safety, and trust. These guidelines exist to support a grounded, intentional container where deep personal work can unfold both individually and collectively.

Presence & Technology

To support presence and nervous-system regulation:

- Cell phone use is limited while on the property
- Phones may be surrendered during ceremonies or stored securely
- Photography, recording, or social media posting is not permitted during group or ceremonial spaces

This allows everyone to fully arrive and be with their experience.

Confidentiality & Sacred Sharing

To protect vulnerability and trust within the group, what is shared here stays here.

- Group shares are private and confidential
- Please do not repeat others' stories, emotions, or insights outside the retreat

Respect & Conduct

- Spirit Vine is a shared space. Treat all participants, staff, facilitators, healers, animals, and the jungle with respect
- Follow all guidance from staff and facilitators
- Avoid advice-giving, comparison, or judgment of others' experiences

Substances & Safety

For everyone's safety:

- All personal items, medications, supplements, snacks, and substances must be handed in upon arrival
- Approved medications are managed by staff
- Unauthorized substances are held until the end of the retreat

Boundaries & Relationships

- Romantic or sexual interactions between participants are not permitted
- Please honor physical, emotional, and energetic boundaries
- Consent and respect are essential at all times

Personal Responsibility & Integration

- This work is a process, not a promise
- Each participant is responsible for their own integration and aftercare
- Spirit Vine supports the journey but does not replace medical or psychological treatment

Relationship to the Medicine

At Spirit Vine Retreats, ayahuasca is approached as a teacher, not a substance or shortcut. We ask participants to arrive with humility, patience, and curiosity rather than expectation. The medicine works in its own timing—often beyond what can be seen or immediately understood.

- The medicine meets each person where they are
- Experiences may be subtle, challenging, or profound
- There is no “right” or “better” journey

Sovereignty, Non-Rescue & Inner Authority

Healing at Spirit Vine is rooted in personal sovereignty. This allows each person to develop trust in their own inner wisdom and relationship with the medicine.

- Each participant is responsible for their own process
- Facilitators guide and protect the container but do not interpret or control individual experiences
- Participants are asked not to rescue, fix, coach, or analyze one another

Effort, Commitment & Respect for the Work

This retreat is not passive or recreational. Spirit Vine asks that participants meet the experience with sincerity and effort, even when it feels challenging.

- Participants are expected to show up on time and participate fully
- Preparation, presence, and integration are essential parts of the journey
- Resistance, discomfort, or emotional intensity are not failures—they are part of the work

Humility, Listening & Group Harmony

- Sharing is an offering, not a performance
- Listening is as important as speaking
- Silence is respected and often encouraged
- Participants are asked to remain aware of how much space they take and to allow room for others’ processes to unfold.

Reverence for the Land, Lineage & Living Beings

Spirit Vine exists in relationship with the land, the jungle, and the traditions that hold this medicine.

- The land is treated as sacred, alive, and worthy of respect
- Animals are not to be disturbed or fed
- Trash, noise, and unnecessary disruption are avoided



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